

Itasca ISD
NOV HS LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
		Nov - 1 HAMBURGER BUN CHIC' PENNE TATER TOTS RANCH STYLE BEANS TROPICAL FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise FRESH FRUIT	Nov - 2 Turkey Roast Burrito COUNTRY GRAVY STUFFING GREEN BEANS SWEET POTATOES CRAN SAUCE 16-17 Pumpkin Pie Chocolate Milk Strawberry Milk White Milk CHILI	Nov - 3 ROUND PEP PIZZA CHICKEN FRIED STEAK TOSSED SALAD CORN Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT COUNTRY GRAVY PARMESAN CHEESE FF RANCH DRESSING Sherbet Cup Raspberry
Nov - 6 Hot Dog Chicken Nuggets CHERRY TOMATOES FRESH CUCUMBERS CAPRI SUN FRESH FRUIT Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP MUSTARD FF RANCH DRESSING CHOC CHIP OATMEAL BA	Nov - 7 Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE FF RANCH DRESSING GARLIC TOAST	Nov - 8 HAMBURGER Turkey Club Ciabatta LETTUCE & TOMATO RANCH STYLE BEANS TATER TOTS Peaches FRESH FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD	Nov - 9 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli FRESH FRUIT Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	Nov - 10 PEPPERONI PIZZA FISH SAND CORN ROASTED CAULIFLOWER Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE ICE CREAM CUPS KETCHUP
Nov - 13 POPCORN CHICKEN PB&J w/Cheesestick CHOC CHIP OATMEAL BA Fresh Broccoli FRESH CARROTS CAPRI SUN APPLES KETCHUP Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC	Nov - 14 Bean & Cheese Chalupas COWBOY CAVATINI APPLE CINNAMON MUFFI LETTUCE & TOMATO CORN STRAWBERRY APPLESAU Chocolate Milk Strawberry Milk White Milk SALSA PACKET FRESH FRUIT	Nov - 15 SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple Chocolate Milk Strawberry Milk White Milk FF RANCH DRESSING CHEESE SAUCE SALSA PACKET FRESH FRUIT ICE CREAM SAND	Nov - 16 CHICKEN STRIPS TACOS WHEAT ROLL SWEET POTATOES ROASTED Broccoli Fruit Cocktail KETCHUP COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk Jello HONEY ASSORTED DIPPING SAUC FRESH FRUIT SALSA PACKET	Nov - 17 PEPPERONI PIZZA RANCH STYLE BEANS Corn on the Cob Mandarin Oranges Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE FRESH FRUIT Smores Bites
Nov - 20	Nov - 21	Nov - 22	Nov - 23	Nov - 24

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 27 QUESADILLAS CHEESEBURGER BUN PINTO BEANS GREEN BEANS CHEESE SAUCE CAPRI SUN Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise FRESH FRUIT SALSA PACKET	Nov - 28 Lasagna CHICKEN STRIPS Spinach Garlic Parmesan Squash Chi GARLIC TOAST Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP	Nov - 29 Chicken Salad Roll Ups Burrito COLE SLAW FRESH CARROTS WILD WATERMELON APPLS RANCH DRESSING Chocolate Milk Strawberry Milk White Milk CHEESE SAUCE SALSA PACKET FRESH FRUIT CHOCOLATE MUFFIN	Nov - 30 CHILI BAKED POTATO WHEAT ROLL Steak Fingers Rsted Parmesan Broccoli CORN Blushing Pears Chocolate Milk Strawberry Milk White Milk FRESH FRUIT KETCHUP FUDGE BAR COUNTRY GRAVY	

NON-DISCRIMINATION STATEMENT:
THIS INSTITUTION IS AN
EQUAL OPPURTUNITY EMPLOYER

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