

# 2019

# Itasca Wampus Cat

# POWERLIFTING



- January 12<sup>th</sup> – Bosqueville Invitational Meet
- January 19<sup>th</sup> – Hillsboro Invitational Meet
- February 2<sup>nd</sup> – Rice Bulldogs Invitational Meet
- February 16<sup>th</sup> – Blooming Grove Meet

**\*Regional Meet – West, Texas – Date - TBD**

\*Athlete must qualify in invitational meets in order to advance to the Regional Meet.

**\*State Meet – Abilene, Texas – Date -TBD**

\*Athlete must qualify in the Regional meet in order to advance to the State Meet.

## **Coaches:**

Chris Cruz ([ccruz@itascaisd.net](mailto:ccruz@itascaisd.net))

Bernard Jackson ([bjackson@itascaisd.net](mailto:bjackson@itascaisd.net))

